



There is truth within, beyond the illusion of the physical; lean in and trust the experiences being presented to you as your divine life plan

Living the Moon Cycles

Moon Cycle Planner | Fall 2025

1. Inspired Next Step

New Moon Week

New Moon (Podcast)

Sunday 9/21

Monday 9/22

Tuesday 9/23

Wednesday 9/24

Thursday 9/25

Friday 9/26
Crescent

Saturday 9/27

Sunday 9/28
Inspired Next Step Reflection

2. Narrative

1st Quarter Moon Week

1st Quarter Moon

Monday 9/29

Tuesday 9/30

Wednesday 10/1

Thursday 10/2
Gibbous

Friday 10/3

Saturday 10/4

Sunday 10/5

Monday 10/6
Narrative Reflection

3. Behavioral Patterns

Full Moon Week

Full Moon (Podcast)

Tuesday 10/7

Wednesday 10/8

Thursday 10/9

Friday 10/10
Gibbous

Saturday 10/11

Sunday 10/12
Behavioral Patterns Reflection

4. New Perspective

3rd Quarter Moon Week

3rd Quarter Moon

Monday 10/13

Tuesday 10/14

Wednesday 10/15
Crescent

Thursday 10/16

Friday 10/17

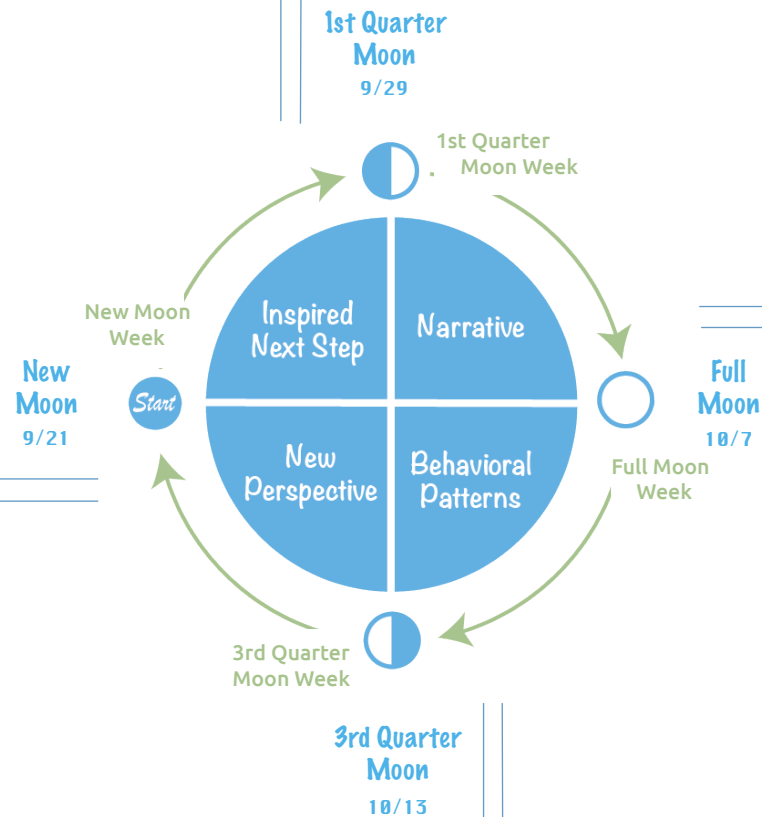
Saturday 10/18

Sunday 10/19

Monday 10/20
New Perspective Reflection

1. Inspired Next Step | Write your new thoughts, ideas, and impressions that come to you during this moon week...

2. Narrative | Write the names of the people you interact with during this moon week...



4. New Perspective | Write your new outlook/perspective on your self, your life, others, and the world that comes to you during this moon week...

3. Behavioral Patterns | Write the new behaviors, activities, and relationships that you experience during this moon week...

1. Inspired Next Step

New Moon Week

New Moon (Podcast)

Tuesday 10/21

Wednesday 10/22

Thursday 10/23

Friday 10/24

Saturday 10/25

Sunday 10/26
Crescent

Monday 10/27

Tuesday 10/28
Inspired Next Step Reflection

2. Narrative

1st Quarter Moon Week

1st Quarter Moon

Wednesday 10/29

Thursday 10/30

Friday 10/31
Gibbous

Saturday 11/1

Sunday 11/2

Monday 11/3

Tuesday 11/4
Narrative Reflection

3. Behavioral Patterns

Full Moon Week

Full Moon (Podcast)

Wednesday 11/5

Thursday 11/6

Friday 11/7

Saturday 11/8

Sunday 11/9
Gibbous

Monday 11/10

Tuesday 11/11
Behavioral Patterns Reflection

4. New Perspective

3rd Quarter Moon Week

3rd Quarter Moon

Wednesday 11/12

Thursday 11/13

Friday 11/14
Crescent

Saturday 11/15

Sunday 11/16

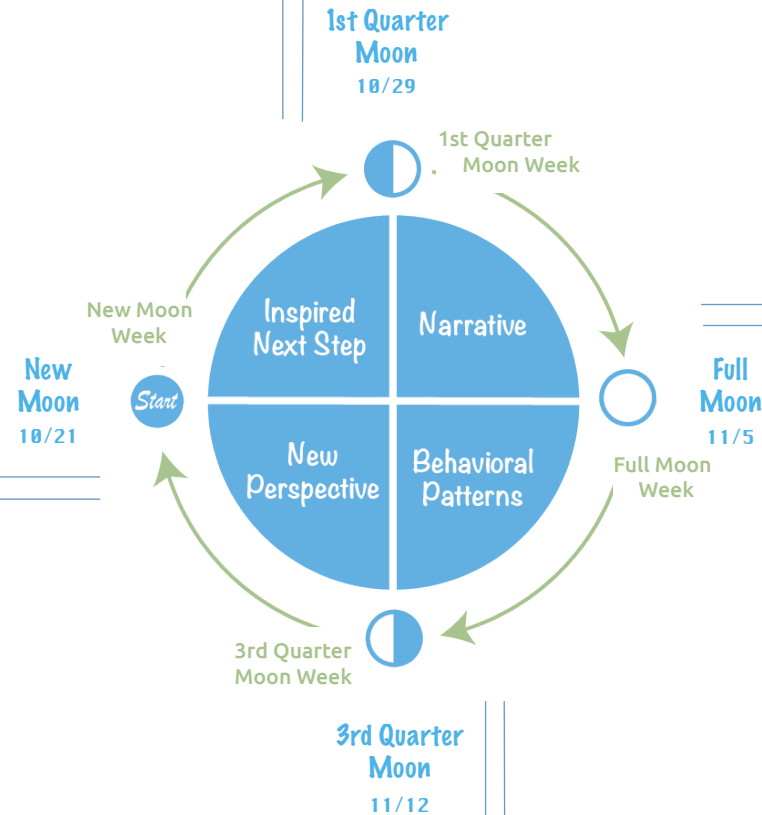
Monday 11/17

Tuesday 11/18

Wednesday 11/19
New Perspective Reflection

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1. Inspired Next Step

New Moon Week

New Moon (Podcast)

Thursday 11/20

Friday 11/21

Saturday 11/22

Sunday 11/23

Monday 11/24

Tuesday 11/25
Crescent

Wednesday 11/26

Thursday 11/27
Inspired Next Step Reflection

2. Narrative

1st Quarter Moon Week

1st Quarter Moon

Friday 11/28

Saturday 11/29

Sunday 11/30
Gibbous

Monday 12/1

Tuesday 12/2

Wednesday 12/3
Narrative Reflection

3. Behavioral Patterns

Full Moon Week

Full Moon (Podcast)

Thursday 12/4

Friday 12/5

Saturday 12/6

Sunday 12/7

Monday 12/8
Gibbous

Tuesday 12/9

Wednesday 12/10
Behavioral Patterns Reflection

4. New Perspective

3rd Quarter Moon Week

3rd Quarter Moon

Thursday 12/11

Friday 12/12

Saturday 12/13
Crescent

Sunday 12/14

Monday 12/15

Tuesday 12/16

Wednesday 12/17

Thursday 12/18

Friday 12/19
New Perspective Reflection



Evolution

Moon Cycle

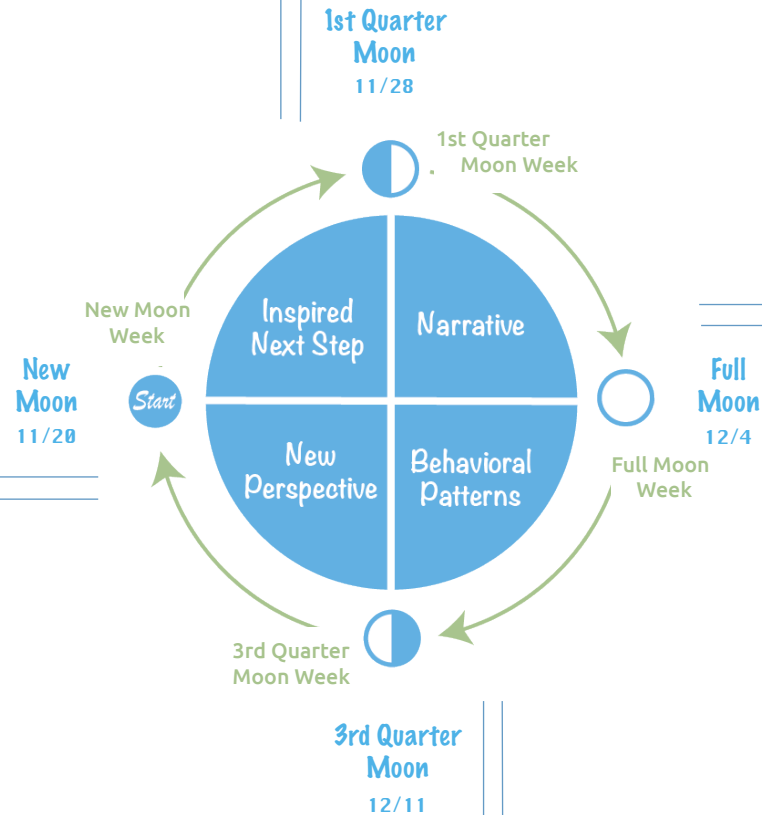
Transformation is inevitable; let go of the inner aspect of yourself that no longer serves you so you can be reborn

Living the Moon Cycles

Moon Cycle Map | Fall 2025

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3. Behavioral Patterns | Write the new behaviors, activities, and relationships that you experience during this moon week...